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Note that counseling courses may include self-growth experiential activities. All courses require adherence to ACA Code of Ethics (2014) and include professionalism about and confidentiality of comments made in class sessions by peers. Certain state licensure laws do not allow for courses to be completed through directed studies or electronically (online).

Certain Counseling courses will be taught only in an online format at particular campuses. Please contact your campus for a list of courses that are only offered online or occasionally offered in an online format.

COUN 0200 Comprehensive Counseling Student Development (0)

This course is a critical component of student development throughout their counselor training. Registration in this course will grant students access to the Tevera cloud-based application for documenting required student learning outcome assessments and field placement documentation. No attendance is required for this course. There is an additional course fee required. This course is graded on a credit/no credit basis.

COUN 5020 Foundations of Counseling: The Helping Relationship (Requisite Course) (3)

This course defines and examines the philosophic bases of counseling and the helping relationship, focusing on the foundational and theoretical concepts necessary for working with individuals, groups, children, and families in a multicultural context. Students also practice the development of basic counseling skills, professional identity, and related ethics. Students learn to define, generalize, organize, and critique the counseling process and profession including consultation theories, practice, and application in a multicultural society, as well as some crisis and disaster intervention. Self-growth experiential activities are associated with this course content.

COUN 5050 Human Growth and Development (3)

The student learns to identify, describe, and examine the nature and needs of individuals at all developmental levels and in multicultural contexts. Emphasis is placed on theories of individual and family development, life span transitions, human behavior (normal and abnormal), personality development, learning processes, wellness, related ethics, and addictions, as well as the effects of crisis, disaster, and other trauma-related events on persons of all ages. Self-growth experiential activities are associated with the content of this course.

COUN 5100 Social and Cultural Foundations of Counseling (3)

This course defines and examines the importance of understanding cultural and ethnic attributes and the impact these attributes have on relationships, professional issues and trends, and the counseling relationship. Attention is given to the influence on the counseling relationship of gender roles, ethnic groups, urban and rural societies, cultural mores, various family life patterns and personal constructs including but not limited to religion, sexual orientation, race, age, ability, gender, ethnicity, etc.; related counselor self-awareness; counselors' roles in eliminating biases and oppression; theories of multicultural development and identity formation; social advocacy for diverse populations; related ethics and ethical decision making models; and culturally supported wellness. Self-growth experiential activities are associated with this course content.

COUN 5110 Foundations of School Counseling (3)

This course will trace the development of school counseling; present contemporary roles and functions for both elementary and secondary school counselors; present emerging issues and diversity in the schools; and explore future possibilities for the profession. A large portion of this course will focus on the American School Counselor Association Model.

COUN 5140 Psychopharmacology (3)

This course provides an introduction to pharmacological agents that affect mental and emotional functions. Focus of the course will be on identification and comprehension of the effects and the actions of psychoactive drugs, including drugs used in the treatment of psychopathological disorders and drugs of abuse. Multicultural and ethical components are integrated.

COUN 5150 Psychopathology (3)

This course is designed to help students conceptualize mental disorders and abnormal behavior based in a culturally competent, biopsychosocial view of development. This course surveys diagnostic categories including clinical psychopathology, addictions and personality disorders; and introduces students to their hypothesized etiology. Implications for therapeutic models and indications/contraindications for particular kinds of counseling will be discussed as they apply to a variety of mental disorders. Multicultural and ethical components are integrated.

COUN 5160 Issues in Counseling (1-3)

This course is designed to provide for the definition and examination of various aspects of the counseling profession, important trends in the field of professional counseling, and focused topic areas. Course may be repeated for credit if content differs. Approval of course topic, content and syllabus by the department chair prior to course registration is required.

COUN 5185 Ecological Counseling Seminar (3)

The Ecological Counseling Seminar is designed to prepare students to work with diverse client populations in underserved areas. Students will learn the theory and application of the ecological counseling model to help clients address pervasive problems in their multi-systemic environment. The course will consist of nine (9) separate but related modules, each devoted to an aspect of the multisystemic environment as well as social determinants of mental health among clients in high-needs environments. Instructors will consist of multidisciplinary community experts who will be invited to prepare content for their area of expertise. It is expected that students will directly apply their learning to their clinical work with clients at their internship sites.

This class aims to expose students to content you might not typically encounter in the counseling curriculum. The goal is to challenge you further to think broadly about the issues that cause or contribute to mental health illness/challenges.

COUN 5190 Women's Issues in Mental Health (3)

This course examines various issues women face and deal with

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practice skills during in-class role play situations. Self-growth experiential activities are associated with this course content.

COUN 5630 Addictions and Substance Abuse Counseling (3)

This course examines theory, case conceptualization, diagnoses and treatment of addictions including substance abuse, chemical dependency and process addictions. This course will also address family dynamics that may maintain or worsen addiction. A portion of the course is devoted to evaluation of the services and programs available to individuals presenting with addictions, from the point of view of the affected individuals, their families and society. Multicultural and ethical components are integrated. Self-growth experiential activities may be associated with the content of this course.

COUN 5635 Techniques of Counseling Special Populations (3)

This course focuses on the examination and application of counseling theories when working with clients from special population groups (e.g., exceptional students, dropouts, minorities, women re-entering the labor force and older persons). Ethical implications are also discussed. Self-growth experiential activities may be associated with the content of this course. May be repeated for credit if content differs.

COUN 5640 Couples, Marriage and Family Counseling (3)

This course examines marriage, couples and family theories and therapies, stressing the identification and application of general systems theory. The focus is on the major constructs in marriage, couples and family therapies; identification of marriage, couples and family structures and communication patterns; as well as the formulation of related treatment plans and goals in a multicultural and ethical context. *It is highly recommended that COUN 5540 is completed prior to taking this course.*

COUN 5650 Conjoint Counseling (3)

This course examines the theory and application of differing styles of counseling couples and families, stressing therapeutic practice when counseling couples and or family members simultaneously. The primary focus is on theories, models, and interventions employed when counseling various combinations of persons in relationships (as differentiated from groups). Multicultural and ethical issues will be integrated. Students will explore the various forms of counseling couples, including persons in marriage, same sex unions, work relationships, friendships and extended family.

COUN 5670 Counseling of Children (3)

This course examines issues related to the counseling of children. Focus is on the application of counseling theories related to children, cultural competence in the treatment of children, techniques for interviewing children and their families, methods for designing and evaluating treatment plans and the application of counseling related ethical standards and legal requirements. Self-growth experiential activities are associated with the content of this course.

COUN 5685 Program Development for School Counselors (3)

This course focuses on theory, design, implementation and evaluation of comprehensive developmental school guidance and counseling programs from a multicultural perspective to include technological interventions and identification of student

academic, career and personal/social competencies; leadership and management and advocacy and the ASCA model.

COUN 5700 Lifestyle and Career Development (3)

This course examines, evaluates and applies vocational choice theories, assessments and techniques; the relationship between career choice and lifestyle; sources of occupational and educational information, assessment and technology; approaches to decision-making models; interrelationships among and between work, family and life roles including multicultural issues; career planning, placement and evaluation and career development exploration techniques and assessments in an ethical context. Self-growth experiential activities may be associated with this course content. Additional lab fees are associated with this course for the purchase of assessment tools.

COUN 5800 Professional Orientation and Ethical Practice (3)

This course identifies and examines the history and philosophy of the counseling profession, goals and objectives of professional counseling organizations, the ACA *Code of Ethics*, professional credentialing and licensure, professional, legal and ethical considerations, role identity of types of professional counselors, application of ethical and legal considerations in counseling, self-care strategies and advocacy processes to address social and institutional barriers that impede access, equity and success for clients. Self-growth experiential activities may be associated with the content of this course.

COUN 5820 Consultation and Supervision (3)

This course examines consultation and supervision theories and practices as employed by counselors working and supervising in mental health facilities, educational institutions and other professional counseling settings. Identification and application of consultation with other professionals and parents in counseling settings (including multicultural issues) are reviewed. Related ethical practice is integrated.

COUN 5840 School Counseling Methods and Skills (3)

This course examines counseling practices and theory in relation to children and adolescents in the school setting and the role and function of the counselor as a partner in the learning process. Focus is on the developmental needs and age-related issues; guidance counseling in classroom and multicultural settings; collaboration with school team members and families and related ethics. Special problems of physical and sexual abuse, substance abuse, suicide, grief and career and college preparation are also examined. **Prerequisite:** COUN 5110.

COUN 5850 Research and Program Evaluation (3)

This course examines areas including statistics, research design and development of research and demonstration proposals related to the field of professional counseling in a multicultural society through the use of professional counseling literature. Related ethical codes and practices in research are examined. Additional goals of the course include understanding the importance of research in advancing the counseling profession; program development and demonstration proposals; development and evaluation of program objectives; principles, models and applications of needs assessment; and culturally and ethically relevant strategies for interpreting the results. Self-growth experiential activities may be associated with the content of this course.

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COUN 5860 MA Counseling Thesis (3)

The master's thesis consists of an individual research project designed by the student and carried out under the direction of a

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supervisor; and a minimum of 90 minutes (or more) of weekly group supervision with the Internship class. The site supervisor is required to be a licensed mental health professional with a minimum of two years of post-licensure experience and state-approved training in supervising counselor trainees (CT). Weekly skill evaluations and activity logs are a critical component of this